

Post event report

Name of the theme: Inauguration of Yoga & Meditation Centre

Name of the event: "Industry 4.0" conceive, design, and operate manufacturing systems.

Event Date: 19/08/2024

- 1. Event Time:** 03:00 P.M to 04:00 P.M
- 2. Venue:** SIT campus
- 3. Mode of Online / Offline:** Offline
- 4. Objectives of the Event:** To offer these holistic practices to the neighboring society as we believe in nurturing both body and soul to build a healthier and happier community.
- 5. Target Audience:** Faculty members, students, and staff and local community

Total No. Participates (Students) – 12

- 6. Total No. Participates (Faculty / Staff) – 3**

- 7. Outcome:**

Participants will be able to get awareness and practice yoga and medication.

- 8. Keep take aways by the attendees:**

Practice of Yoga and Meditation

Photos of the Event:



Prof. Indrajit Koley
Convenor IIC- SIT



Dr. Sudip Kumar Ghosh
IIC Vice-President, SIT